



MINDSHIFT LEADERSHIP

We train you to master leadership. As Certified Brain-Based Executive Coaches, with backgrounds in medicine and management, we combine the neurosciences, psychology, strategic planning, and mindfulness techniques to empower leaders and their teams. We believe that when leaders master their mindset they cultivate transformation — for themselves, their teams and the community.

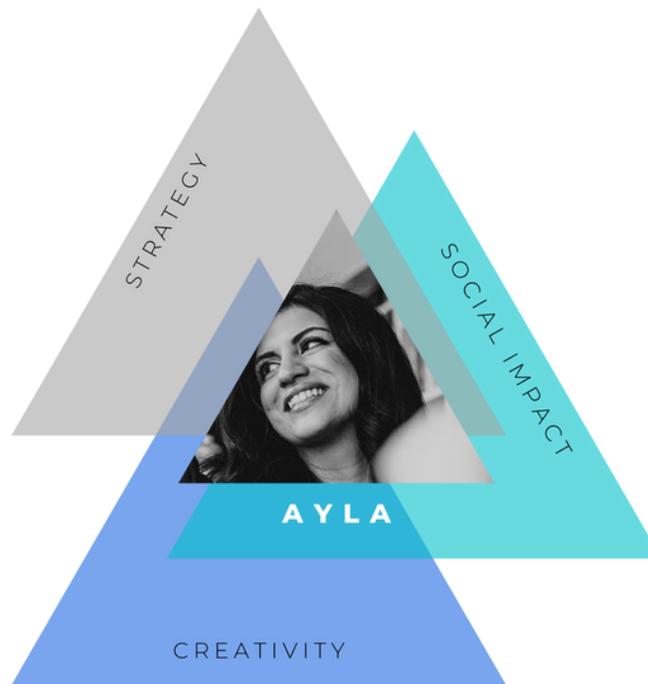
Our heart-centred, evidence-based, and mindset-powered methodology facilitates transformation from the *inside-out*.

THE MINDSHIFT DIFFERENCE

We focus on integration. That means results that last and grow with you, and your team. We know leadership is not one-size-fits-all, and neither are *you*. We focus on delivering high-quality curated learning experiences to transform the way you and your team think, create, connect, and lead. [Discover more here.](#)

EACH PRESENTATION:

- Comes equipped with *pre + post* session tools for optimal integration, including a *personalized formula* for transformation for each participant.
- Will be curated to *your* unique needs and speak directly to *your* community.



AYLA VEJDANI, MA, ACC

Ayla is a leadership expert, intuitive strategist and a Certified Brain-based Executive Coach. She leverages her extensive experience and education to train leaders to lead from a place of personal power, with integrity and impact.

[Learn more here.](#)

SELECTED TESTIMONIALS

"wise, experienced, powerful..."

"Ayla is very powerful. Extremely well-spoken, great listener, provided great quality responses to tough questions. Honest, compassionate yet bold — truly the definition of a leader."

— Dr. Shalini Bhat, Founder of The Movement Boutique

"My day was filled with personal insights, followed by applicable action-based steps. It offered a path to dealing with the inevitable personal blocks and resistances that arise in any creative endeavour and Ayla did so through compassionate leadership and facilitation. I can't recommend her enough!"

— Sonja Seiler, Founder, Nurture Retreats

"Ayla is obviously very seasoned at putting into perspective and understanding how to guide conversations to be direct and understanding in the same breath."

— Dr. Marcy Sanderson, DC, Founder and Clinic Director, Align Health Centre

[Read more here.](#)

POPULAR SPEAKER TOPICS

Ayla embodies her expertise in leadership, social impact, strategy, teamwork, and community-building in her powerful talks. She tackles topics such as: wholeness, belonging, intuition, personal power, self-betrayal, empowered voice, and compassionate boundaries, as they relate to realizing [Your Best Leader](#).

Ayla's compelling talks deliver the art and science of transformational leadership.

Speaker topics include (but are not limited to):

- You can sit with us: Cultivating inclusion and belonging
- Evolution vs. Change: The art of becoming
- Transformational vs. Transactional: The leadership reframe

Two popular speaker topics are:

THE ART OF LEADERSHIP:

Three powerful steps to transforming the workplace

Learn how to drive engagement, fulfillment, and team connection with the art and science of leadership. This interactive presentation delivers insights from the fields of neuroscience and performance psychology to help leaders cultivate a culture of transformation, inclusion, impact, and innovation.

Key Topics: Leadership, Neuroscience, Transformation, Teamwork, Inclusion

YOUR BEST LEADER:

Leading change from the inside-out

Discover 'Your Best Leader' and learn to embody this version of yourself, every day. Ignite your sense of personal power, purpose and strength by learning how to unlock your three powerful psychological drivers. This interactive presentation will help you increase your fulfillment, and optimize your impact as a leader.

Key Topics: Leadership, Neuroscience, Impact, Mindset, Purpose

[Read articles by Ayla here.](#)